

# Upcoming Events

## 2014

Date	Name of Event	Details	Venue
Saturdays (8.45am (9am start))	Faith, health and Wellbeing Walk/Run New Year Resolution!	5K walk/jog/run	Valentines Café, Valentines Park
8 week Pilot Every Saturday 15th Feb 2014 Tuesday 18 <sup>th</sup> Feb 2014 Thursday 20th Feb 2014	Inspirational Steps  Start gently with a walking course of 2.5km. There will be 3 sessions per week (Choose one or more). Over the 8 weeks	We hope you will be inspired to extend the length of the walk to complete 5km in less than 1 hour!	Valentines Park by the Valentines Café- nearest gates Melbourne Road or Cranbrook Rd (Ilford end)
International Women's Day Wednesday 12th March 2014	Open Forum- event with street pastors	8 <sup>TH</sup> Annual Women's Day Conf & Public Forum	Vine church Riches Road Ilford IG1 1JH
Wednesday 2 April 2014, 2pm-4pm	Women' s Interfaith workshop	TBC	TBC
Saturday/Sunday 10th/11th May 2014 17 <sup>th</sup> /18 <sup>th</sup> May 2014 Auditions from 4.30pm, Finals and Buffet 9.00pm	Interfaith Talent Show	Enter at <a href="http://www.redbridgefaithforum.org">www.redbridgefaithforum.org</a> Closing date for entries	TBC
Thursday 12 <sup>th</sup> /19 <sup>th</sup> June 2014	AGM & PUBLIC Forum Organ Donation	TBC	TBC
Thursday Sept 2014	RFF Fundraiser Interfaith Social Dinner/quiz	TBC	TBC
Part of One World week Sunday October 2014 12.30pm-4.30pm	Interfaith Walk of Peace	TBC: Meet up at Buddhist Centre, Balfour Rd	TBC: Buddhist Centre St Albans Church, Ilford Islamic Mosque, VHP Hindu Centre, GNSS Gurdwara.
Thursday Interfaith Week Nov 2014	RFF Fundraiser Interfaith Social Dinner/quiz	TBC	TBC